

**APPLICATION FOR EXECUTIVE HEALTH CHECK-UP (2022)**  
(For employees & their spouses who are 45 years & above only)

Name: ..... Design: ..... Emp. No. .... Division .....

DOB/Age ..... ( ) Status: Regular/ Deputationist Opted RITES Medical Facility: Yes/ No.

Intercom No. .... Mobile: ..... Spouse Name (Shri/Smt.) ..... DOB/Age .....

Please tick any one of the Empanelled Hospitals listed below along with their branches. Hospitals provide choice between TMT/2D ECHO (as per advice of Doctor)

**List of Empanelled Hospitals/Clinical Labs in Delhi/NCR for Executive Health Check-up:-**

S. No.	Name of Hospital	S. No.	Name of Hospital	S. No.	Name of Hospital
01.	<b>Apollo Hospital</b> • Sarila Vihar, New Delhi • Noida	02.	<b>Artemis Hospital,</b> Gurgaon	03.	<b>Asian Institute of Med. Sciences</b> • Faridabad • Asian Clinic, Greater Kailash • Asian Clinic, HUDA market, F'Bad
04.	<b>Dr. B. L. Kapur Memorial Hospital,</b> Pusa Road, New Delhi Note: (instead of ECG facility of 2D ECHO)	05.	<b>Akash Healthcare Pvt. Ltd.</b> Sector-3, Dwarka, New Delhi-110070	06.	<b>Center of Diabetes &amp; Allied Sciences</b> Plot No. 1, Sec-47, Gurgaon
07.	<b>Fortis Hospitals Ltd.</b> • Faridabad • Gurgaon • Noida • Okhla • Shalimar Bagh • Vasant Kunj	08.	<b>Kalra Hospital SRCNS Pvt. Ltd.</b> • Kirti Nagar • Dwarka Mor, Uttam Nagar	09.	<b>Kailash Hospital &amp; Heart Institute,</b> H-33, Sector – 27, Noida
10.	<b>Max Super Specialty Hospitals</b> • West Block, Saket • Block-B, Sushant Lok, Gurgaon • N-110, Panchsheel Park • Shalimar Bagh • Sector-1, Vaishali, Ghaziabad • Sector-19, Noida Note: Instead of 2D ECHO facility of TMT is available	11.	<b>Medanta, The Medicity</b> • Sector – 38, Gurgaon • Cybercity, DLF Phase-II	12.	<b>Moyam Multi-Specialty Hospital,</b> South City-I, Gurgaon
13.	<b>NEO Hospital,</b> Sector-50, Noida	14.	<b>Sita Ram Bharti Institute of Science &amp; Research,</b> B-16, Qutab Institutional Area, New Delhi	15.	<b>Vimhans Nayati Hospital</b> Nehru Nagar, Delhi
16.	<b>Venkateshwar Hospital</b> Sector-18A, Dwarka, New Delhi	17.	<b>Neelkanth Hospitals Pvt. Ltd.</b> 1, Nathupur Road, DLF Phase-III, Gurgaon-122002	18.	<b>Yatharath Wellness Hospitals &amp; Trauma Centre</b> • Omega-1, Gr Noida, UP • Sector -110, Noida, UP • Sector 1, Gr Noida Extension(west)
19.	<b>PSRI Hospital</b> Sheikh Sarai-II, New Delhi	20.	<b>Dharamshila Narayana Superspecialty Hospital</b> New Ashok Nagar Metro Station, Delhi		

I am willing to avail executive Health Check-up for Self/Spouse/Both at the Hospital ticked above.

Signature .....

Date: .....

Signature of the Controlling Officer with Designation

EXECUTIVE HEALTH CHECK-UP  
LIST OF TESTS TO BE CONDUCTED BY EMPANELLED HOSPITALS

For Male Name of Test	For Female Name of Test
Complete Hamogram	Complete Hamogram
ESR	ESR
Haematocrit	Haematocrit
Blood Group Test (ABO, RH)	Blood Group Test (ABO, RH)
Blood Sugar Test (Fasting & PP)	Glucose Blood Test (Fasting & PP)
Blood Urea	Blood Urea
Serum Uric Acid	Serum Uric Acid
Serum Creatinine } KFT Serum	Serum Creatinine } KFT
Serum Cholesterol	Serum Cholesterol
Lipid Profile	Lipid Profile
Stool routine examination	Stool routine examination
Urine examination	Urine examination
X-Ray Chest	X-Ray Chest
ECG	ECG
Ultra Sound (whole abdomen)	Ultra Sound (whole abdomen)
Eye examination	Eye examination,
PSA	Gynecologist Consultation
PFT (Routine)	Pap smear test
LFT (includes SGOT)	PFT (Routine)
Exercise Stress Test (TMT) / 2D	LFT (includes SGOT)
ECHO	Exercise Stress Test (TMT) / 2D
Vitamin B-12	ECHO
Vitamin - D	Vitamin B-12
Calcium	Vitamin - D
HbA1C (Clycated Hemoglobin)	Calcium
Thyroids	HbA1C (Clycated Hemoglobin)
Post examination consultation	Thyroids
	Mammography
	Post examination consultation

\* Complimentary Breakfast

**AGM (IT) – to upload on RITES Employees Portal**



राइट्स लिमिटेड

(भारत सरकार का प्रतिष्ठान)

RITES LIMITED

(Schedule 'A' Enterprise of Govt. of India)

No. Pers/40/56/EHC/2018

Dated: 20.08.2018

OFFICE ORDER NO. PT / 077 / 2018

**Sub: Executive Health Check-up**

As per the present policy RITES employees and their spouses are eligible for Executive Health Check-up as detailed below.

Category	Age limit	Frequency
RITES employees & spouses	45 years & above	Once in a calendar year
Female RITES employees & female spouse of RITES employees	40-45 years of age	50% reimbursement every alternate year

This is for information of all concerned that for Executive Health Checkup of willing officers/staff and their spouses as per the entitlement indicated above, tie-up with some of the reputed hospitals in Delhi/NCR area, have been made and a list of such empanelled hospitals and list of revised tests to be conducted is attached herewith.

Further, employees posted at RPOs, Inspection offices and other locations where empanelled hospitals are not available, are permitted to undergo Health Check-up for the tests in Annexure-I from any hospital of their choice and claim the reimbursement after submitting the receipt as per actual subject to a maximum limit of Rs. 6,000/- for male & Rs. 7,000/- for female with immediate effect.

(Ved Parkash)

Group General Manager (P&A)

**Distribution to:**

Secy. to CMD, DP, DF, DT & CVO  
All EDs/GGM/GMs in RITES Corporate Office  
GGMs/GMs (P)/CPMs, Bhubaneswar, Kolkata, Lucknow, Mumbai, Nagpur,  
Secunderabad, Tenughat, Farakka, Talcher, Ahmedabad & Raigarh  
GGMs/GMs (Insp)/N.Region / W. Region / E. Region / S. Region & C. Region  
Company Secretary  
GC-DMRC/ Lodhi Road, New Delhi  
GM (FE)/Corporate Office  
Notice Boards.

Copy to: AGM (IT) to upload on RITES Employee Portal

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राइटेस लिमिटेड/प्रधान कार्यालय/गुरुगांव  
RITES LTD. / CORPORATE OFFICE / GURGAON  
(कार्मिक एवं प्रशासन प्रभाग/कल्याण अनुभाग)/(P&A Division / Welfare Section)

No. Pers/40/56/EHC/2018

Dated: 13.09.2018

Sub: CORRIGENDUM OF OFFICE ORDER NO. PP/077/2018 dated 20.08.2018

In partial modification of this office order of even no. dated 20.08.2018 regarding payment/reimbursement of Executive Health Check-up during a financial year, the effecting date of the revised rates should be read as 04.07.2018 instead of date of issue of office order i.e. 20.08.2018.

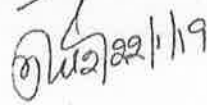
  
(Ved Parkash)

Group General Manager (P&A)

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श्री अजय